



**Australian Venom  
Research Unit**  
[www.avru.org](http://www.avru.org)

factsheet

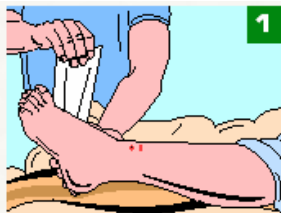
## Pressure–Immobilisation Bandaging (PIB)



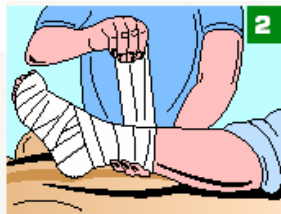
The Australian Resuscitation Council recommends the use of pressure immobilisation bandaging. The principle of pressure-immobilisation bandaging as a first aid measure is to prevent the spread of toxins through the body. This is done by applying enough pressure to compress the lymph vessels, and by preventing movement of the affected limb. Correct application of the technique can buy valuable time to get the patient to medical assistance.

*You need: broad elastic bandage (minimum 7.5 cm wide), splint  
AVRU recommends Setopress™ High Compression Bandages.*

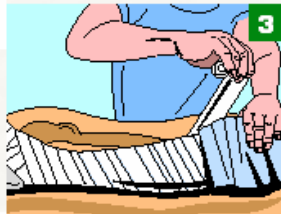
### First Aid for Bites to the Lower Limb



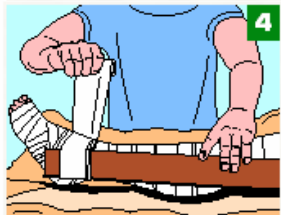
**1** As soon as possible, apply a broad pressure bandage from below the bite site, upward on the affected limb (starting at the fingers or toes, bandaging upward as far as possible). Leave the tips of the fingers or toes unbandaged to allow the victim's circulation to be checked. Do not remove pants or trousers, simply bandage over the top of the clothing.



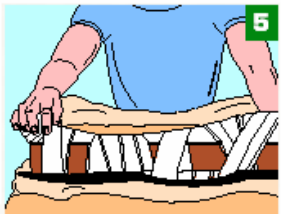
**2** Bandage firmly as for a sprained ankle, but not so tight that circulation is prevented. Continue to bandage upward from the lower portion of the bitten limb.



**3** Apply the bandage as far up the limb as possible to compress the lymphatic vessels.

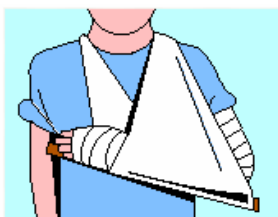


**4** It is vital to now apply a splint. Bind a stick or suitable rigid item over the initial bandage to splint the limb. Secure the splint to the bandaged limb by using another bandage, (if another bandage is not available, use clothing strips or similar to bind). It is very important to keep the bitten limb still.



**5** Bind the splint firmly, to as much of the limb as possible, to prevent muscle, limb and joint movement. This will help restrict venom movement. Seek urgent medical assistance now that first aid has been applied.

### First Aid for Bites to the Upper Limb



1. As soon as possible, apply a broad pressure bandage from the fingers of the affected arm, bandaging upward as far as possible. Bandage the arm with the elbow in a bent position, to ensure the victim is comfortable with their arm in a sling. Leave the tips of the fingers unbandaged to allow the victim's circulation to be checked.
2. Bind a splint along the forearm.
3. Use a sling to further prevent limb movement.

Images © CSL Limited